#### Work the right way

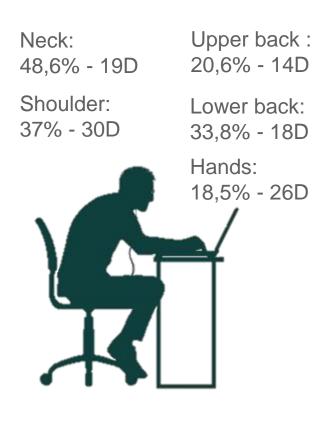
We believe your workspace should adapt to you and not the opposite. Your laptop and body are made to move so why not your desk?

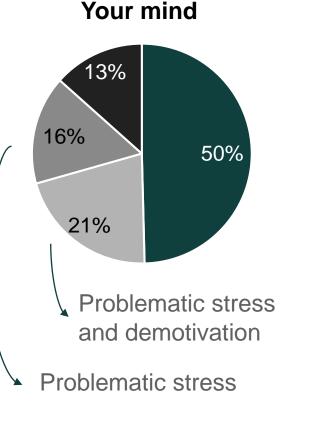




# Excessive work at a computer is unhealthy for...

#### Your body



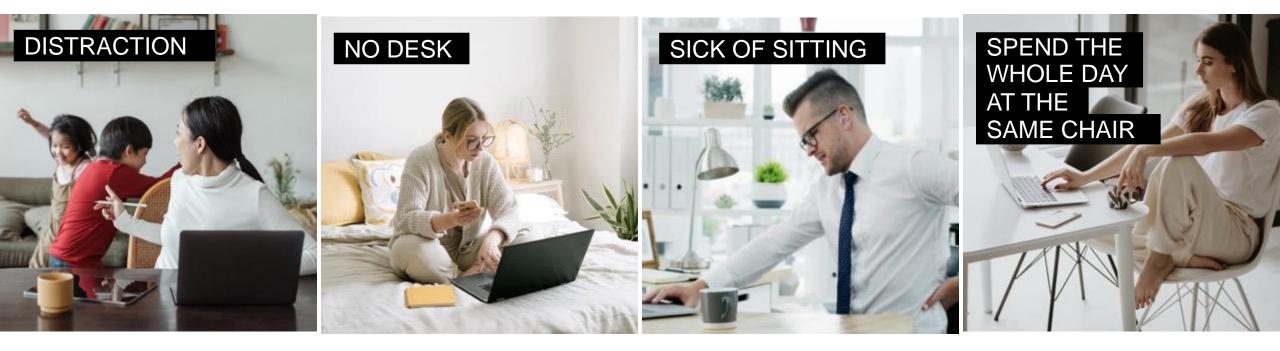


#### Your heart

- **4TH** SEDENTARY LIFE Deadliest risk factor in the world.
- 6TH BELGIUM In Europe, it is the country with the highest average sitting time.
- **34%** RISK FACTOR OF DEATH Adults who sit for 10 hours a day compared to those who sit for 1 hour a day, percentage higher risk of death.

Source: 7/6/2020 Liantis, Likelihood and amount of days out In case of complaint Source: 28/11/2020 SERV

# While some things improved due to working at home, other things got worse...



Not yet so much data available about these factors.

#### We design and make furniture



We don't replace existing furniture but augment what is already present.



Accessible and affordable for any person or space.



We use sustainable materials like recycled plastic and FSC bamboo



We offer a lifetime warranty on components.



### Productivity and wellbeing are one



After working in a noisy office for 3 years, I decided to resign so I could design and produce office furniture.

I wanted to design furniture which would have prevented me from resigning if it had existed at that time.

We've designed standing desks, whiteboards, table lamps and are currently developing foldable workspaces and relax sofa's.

My ultimate goal is to ensure that anyone is proud of his work. Whenever and wherever you choose to do that work from.

Andreas De Smedt



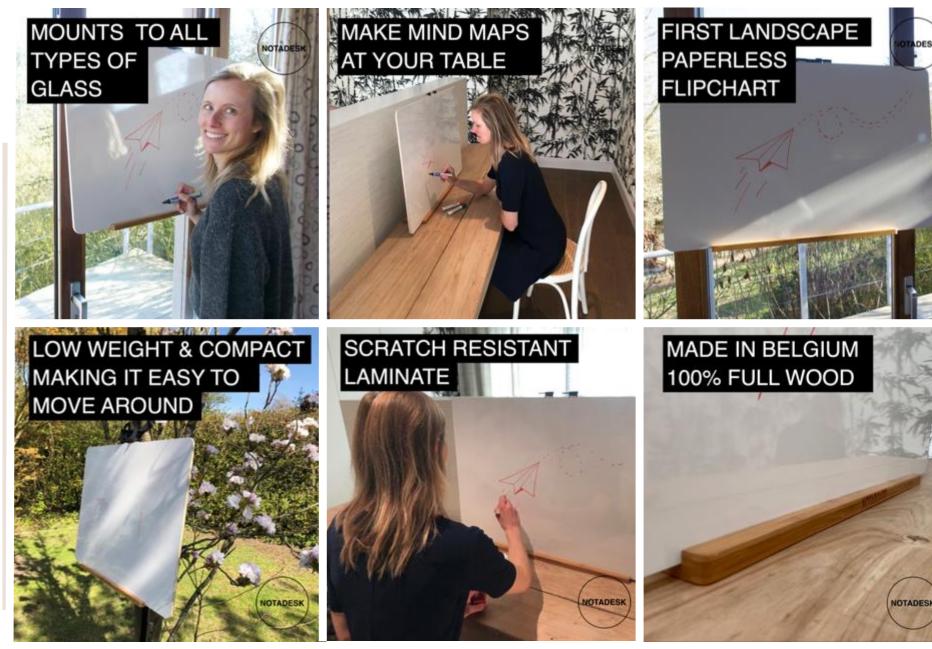


#### Our current assortment of products

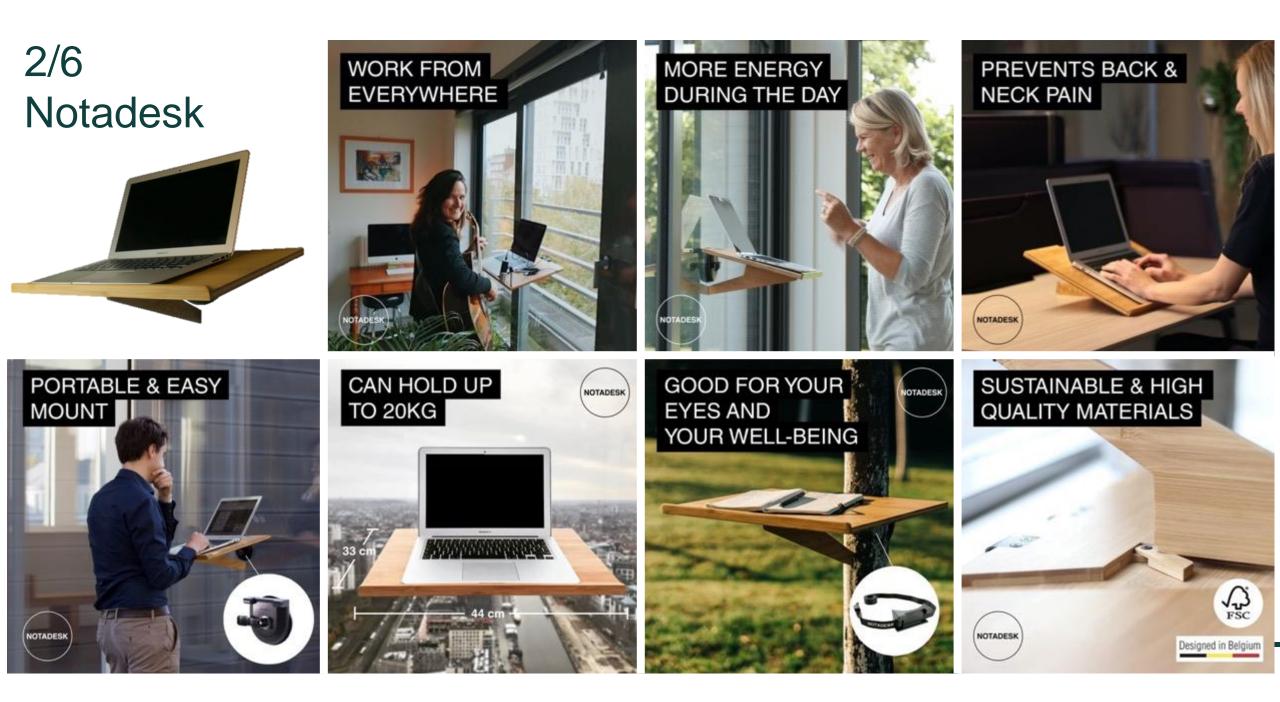


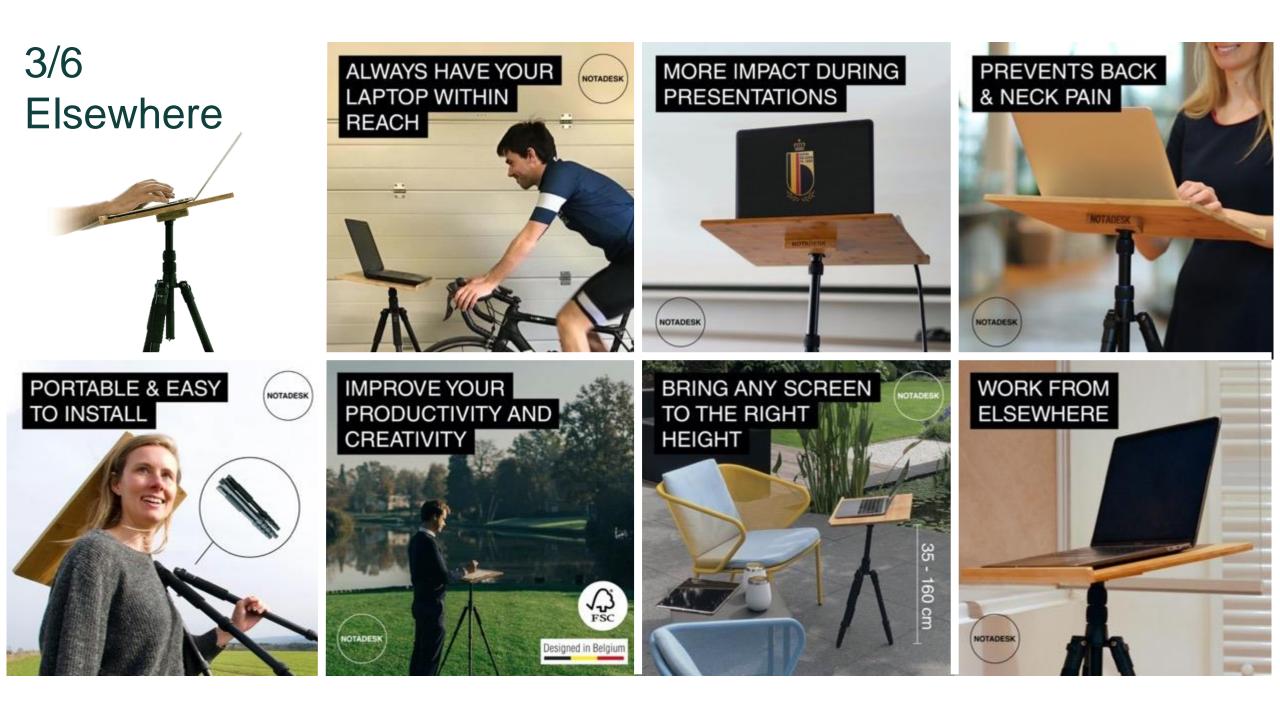
#### 1/6 Notaboard

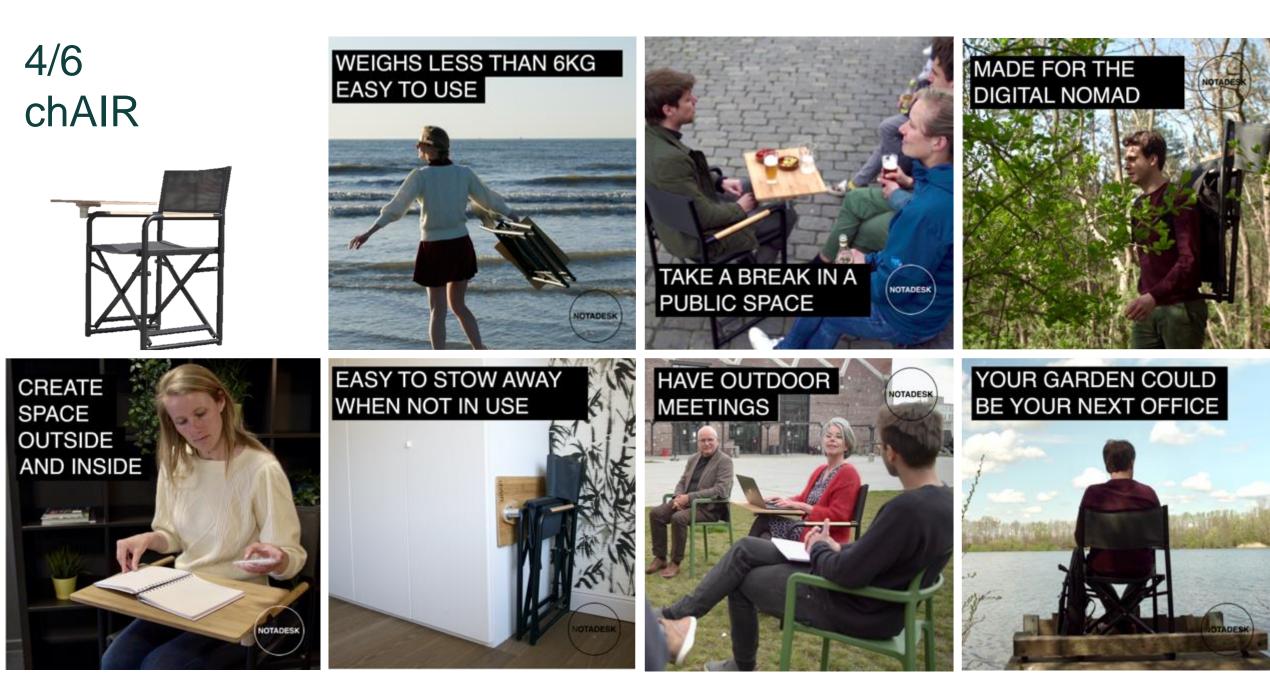












5/6 Notalamp



Designed in Belgium



#### 6/6 Notanap





JUST LIKE WORKING STANDING, LAYING DOWN IS GOOD FOR YOUR BACK





A POWERNAP WILL BOOST

YOUR PRODUCTIVITY

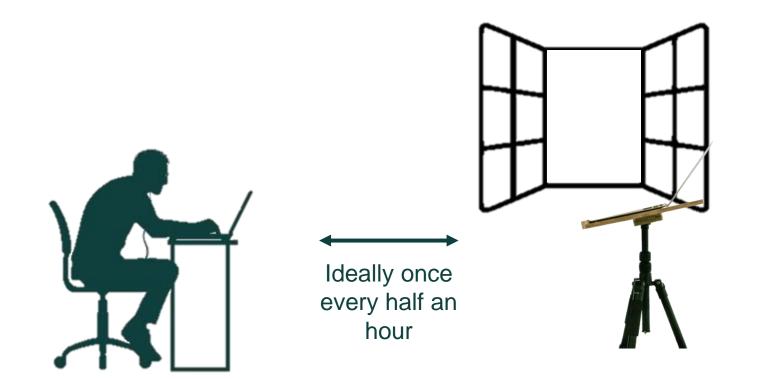








### NOTADESK vs. regular standing desks



- Biggest chance to help you change your behaviour The possibility to work with natural light will nudge your team to stand-up, ideally once every half an hour.
- 2. First mobile (standing) desk. Easy to change height or move around.

Escape noise, work where you feel good and improve your energy level.

**3. Even useful after the work day** Use it during presentations, when you are working out or to watch Netflix on your laptop.

Tested and approved by ergonomists and occupational physicians.

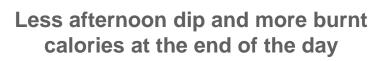
### Benefits of working standing besides health

MORE ENERGY

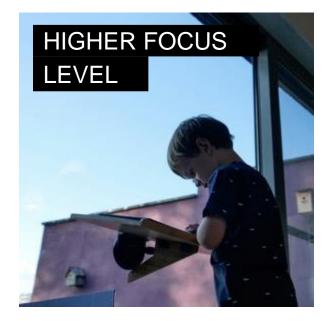


Opera singers never sit when performing and the toughest calls are made standing

30% more lung volume hence impact when standing.Working standing will boost your selfconfidence.



You digest 30% faster when switching between working standing and working seated. You muscles need to work to keep you body up right.



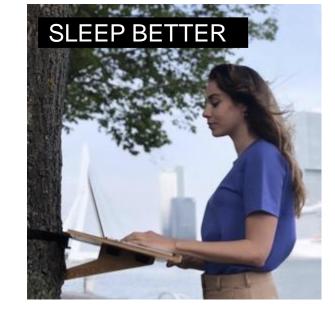
Increased cognitive performance when standing

Your body needs to balance itself while standing. This brain activity will slightly augment your stress level which will help you focus.

#### Benefits of working with a view on nature



Lower stress level



Up to 46 minutes more sleep per night

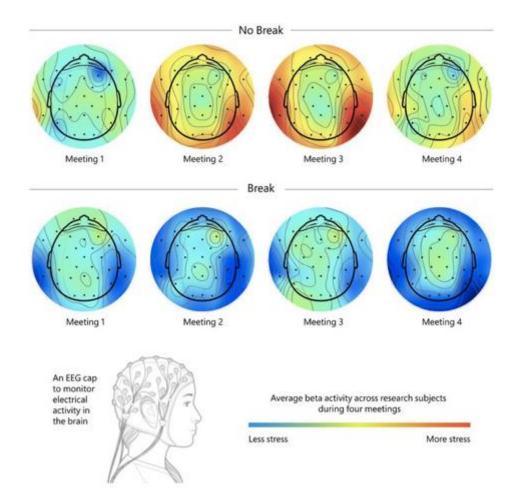


Increased focused level

Up to 30% of your total stress level is non-useful worrying. Nature will help you worry less. Those who experience more daylight in the morning fall asleep faster in the evening.

Students retain information far better if regularly taught in classrooms with plenty of windows.

### The importance of taking regular breaks



Bases on surveys we carried out in Belgium, 60% of all last year university students regularly nap in between classes.

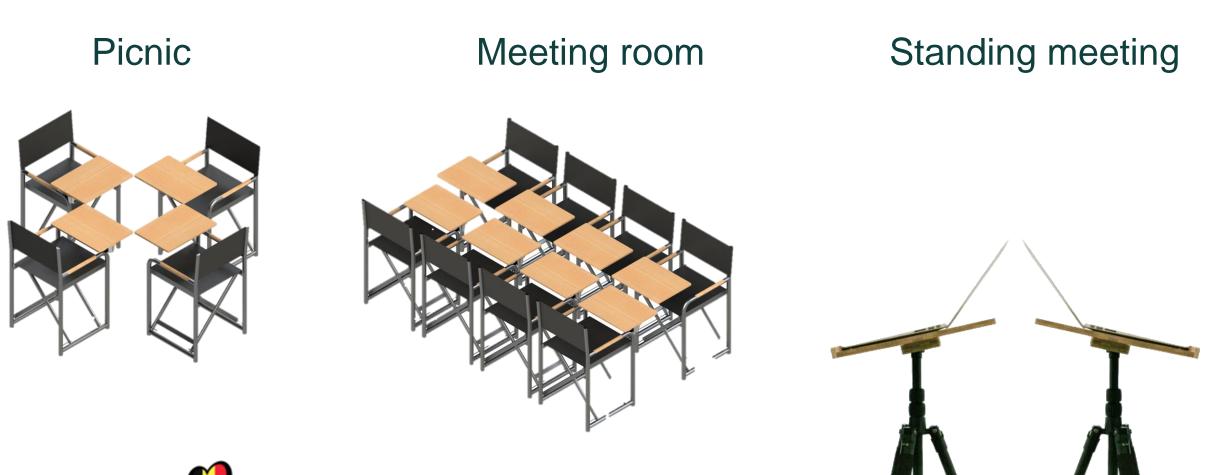
This healthy habit is traded for coffee at their first job. We are not against coffee but regular breaks can also help. This is also proven by Microsoft.

Back-to-back meetings can decrease your ability to focus and engage. Breaks between meetings allow the brain to "reset," reducing a cumulative buildup of stress across meetings.

18/03/2021 Microsoft



#### Flexibility in the office



Designed in Belgium



#### Availability



Stock levels change every day, first orders come first. If your desired product is out of stock, you will be notified by email with the expected delivery date.

For large orders, we can engrave your logo in the wood





# Happy customers







#### easy to set up, great

easy to set up, great to stand up, helps wondering with a view on the horizon

🖬 Share | 💻 Comments (1)

25/05/21

1



#### "sitting is the new smoking"

"sitting is the new smoking" for me, so something had to be done! This is surely one good step in the right way, I use it for conference calls or other tasks with no to much typing involved.

🖆 Share | 💻 Comments (1)

30/04/21





#### Handig om overal te kunnen

Handig om overal te kunnen gebruiken, laag zittend in de lounge, maar evengoed al rechtstaand of met een hoge kruk erbij. Met de Notadesk maak ik snel een flexibel binnen- en buitenkantoor waar ik maar wil.

🖆 Share |

07/06/21



#### Very easy, usefull and handy

Very easy, usefull and handy sidetable for a healthy workspace. Great design!

🖆 Share |

25/05/21

🖆 o 🔎 o







0 70

# How to order ?

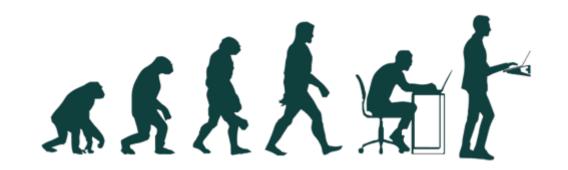
Very simple! Just visit our website.



Notadesk.com

If the product doesn't fit your needs, returns are free! If you have any questions feel free to send us an email at andreas@notadesk.com







### For the teleworker: Financial optimisation

#### **Different possibilities**

- One-time refund based on invoice (1 time every 10 years)
- Monthly repayment based on invoice
- Flat-rate repayment: not possible (unless ruling)
- Employer does not intervene: possibly via discount (group purchase)
- Employer makes office chair available (additional budget)
- Employer makes office chair available via cafeteria plan (budget neutral)

We already had agreements with companies in different ways. Let's have a meeting so we can discuss. I will also bring the products so you can try them out.

