

NOTADESK

Manual

WARNING:

Do not leave products unattended on your Notadesk.

When you see any cuts or damage on the rubber suction disc, don't use it, and contact us at contact@notadesk.com with a picture, and we'll offer you a FREE REPLACEMENT.

Do not exceed the load capacity of 30kg for this product.

Notadesk does not recommend to work with your eyes in direct sunlight.

Avoid leaving the product in high temperatures such as the sun behind a window for long periods of time.

The Notadesk DOES NOT adhere to drywall, cement, and other textured or painted surfaces.

Notadesk is made to be moved around, Notadesk is designed to be moved at least once a week.

The suction force of our suction mount may feel strong when initially tested, but window stickers, impurities in the mounting surface and dust, hair, or debris under the suction disc can slowly allow air into the vacuum, causing your suction mount to lose its force over time.

WARRANTY

Notadesk offers a limited 2 YEAR WARRANTY from the purchase of this product. Please contact us at contact@notadesk.com if you have any problems. Include pictures where possible. In care for our planet, we like to send replacement parts over replacing a full product.

DISCLAIMER:

Notadesk does not warrant the quality of the product in all environments and applications and makes no representations or warranties, either implied or express, concerning the quality. The company shall not be responsible for products found to be defective as a result of misuse, mishandling, or neglect.

Information contained in this manual is subject to change without notice. The Company reserves the right to make improvements to this manual and/or to the products described in this manual, at any time without notice. If you would like an electronic copy of the most up-to-date manual or if you find information contained in this manual that is inaccurate, misleading, or incomplete, please contact us at contact@notadesk.com.

Need more instructions?

NOTADESK.COM/SUPPORT



I came to understand for myself that working with a view helps to regain focus. Having grown up in the countryside, I found it difficult to find my focus in large open space offices.

Being an engineer, I decided to take this matter in my own hands. After a few years of research I founded Notadesk.

Andreas De Smedt
Founder of Notadesk

START TO STAND

Working in a standing position once in a while is good for your heart, back and brain.

It takes energy for your brain to balance your body while standing. However, this positive stress level will help you focus better. With the advice below, it will be easier to start to work standing:

- Start to do your calls standing, it will also give you more impact. That's why singers prefer to stand too.
- If you are in a web conference put your laptop webcam at the same height as your eyes, this not only improves your body ergonomics, it also puts you on the same level as the listener.
- Put your Notadesk at a nice spot not far from your regular desk, this way you will be reminded to use the desk. Moreover, natural light will seduce you to start to stand.
- If your eyes hurt at the end of the day, try to stand. In order to stress your eyes less, it is important that you look in the distance once in a while.
- When you finish your work don't store your desk. Your kids can use it to make their homework too. Not only have they been seated all day, it is easier to learn a habit when you are young.
- Explore new spots in your house, garden, surrounding nature and anywhere really. You will be surprised how a change in environment can boost your creativity and how nature can help you relax.

Once you are used to working standing, some people start to stand all day. This is not good for your body either. You need to find a balance between the two modes, ideally you change between them once every hour.

If you have any problem with the product or request any advice, please reach out to contact@notadesk.com. We will be happy to help you.